

Food and nutrition security Definition and concepts

FOOD SECURITY-DEFINITION

"Food and nutrition security exists when all people at all times have physical, social and economic access to food, which is safe and consumed in sufficient quantity and quality to meet their dietary needs and food preferences, and is supported by an environment of adequate sanitation, health services and care, allowing for a healthy and active life."

(Committee on World Food security 2012)





















Conceptual framework on the causes of malnutrition



Figure 3, Source: adopted from UNICEF, 1991



Globedrought Framework_Drought Risk



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STRATEGIES TO FIGHT FOOD AND NUTRITION INSECURITY

Macro level and sector policies in food and nutrition security:

- Macro economic policies
- Agriculture policies
- Marketing and pricing policies
- Trade policies
- Infrastructure policies
- Poverty alleviation and social sector policies
- Health policies
- Education policies
- Population policies

Instruments for the prevention and management of food crisis:

- Food diversification
- Early warning systems
- Food security reserves and funds
- Crisis management plans

